

# Parish of Carrickfergus & Whitehead

Follow us on-line at  
[www.carrickparish.org](http://www.carrickparish.org)

Saint Nicholas'



Our Lady of Lourdes

18th January 2026

2nd Sunday of the Year

Cycle A Week 2

**Fr. Peter Owens PP**  
 Parochial House,  
 8 Minorca Place,  
 Mount St. Nicholas, Carrickfergus,  
 Co. Antrim, BT38 8AU  
 Tel: **028 9336 3269**  
 Parish Email:  
[carrickfergus@downandconnor.org](mailto:carrickfergus@downandconnor.org)  
 Website: [www.carrickparish.org](http://www.carrickparish.org)

**Baptisms**  
 (one month's notice)  
 Whitehead - 1st Sun of the month  
 C'fergus - 2nd Sun of the month  
**Weddings**  
 (three month's notice)  
 By arrangement  
**Funerals**  
 By arrangement

The **Rosary** is held  
 before Wednesday Masses at  
 9.30am in Our Lady of Lourdes and  
 6.30pm in Mount Saint Nicholas.

The **Sacrament of Penance** is available on  
 the first Wed of the month from 6.00pm to  
 6.45pm in the Reconciliation Room  
 in Mount Saint Nicholas.

## Bulletin Notices

to be submitted to the  
 parish Email Address by  
**12 noon Wednesday**

## Requiescant in Pace



## Recently Deceased

Paddy Henderson

## Anniversaries

Baby Aaron O'Kane  
 Margaret Stewart  
 Edward (Ted) Gerring  
 Frances Gent  
 Bridig O'Reilly

*Eternal rest grant unto them,  
 O Lord, and let perpetual light shine  
 upon them. May they rest in peace.  
 Amen*

Today's second collection is  
 for the Faith & Pastoral  
 Development Fund.

## Offerings

Weekly Collections for the  
 four weeks in December amounted  
 to **£5,752.53**

Monthly Stipend Collection  
**£1,385.65**

Christmas collection  
**£2,129.20**

Many thanks for your generosity.

**Weekly Mass Times** (\*\* Streamed Masses - see parish website)  
 Holy Days : As announced.

St. Nicholas' Carrickfergus	Our Lady of Lourdes Whitehead
Sun 11.30am **	Sun 9.30am
Wed 7.00pm **	Wed 10.00am

## St Nicholas' Primary School Open Afternoon

Come meet our amazing teachers,  
 explore our classrooms,  
 and experience the joy of learning at our school!

**Tuesday 20th January**

**3.15pm - 4.15pm**

**Open to all \* Quality Learning \* Award Winning**

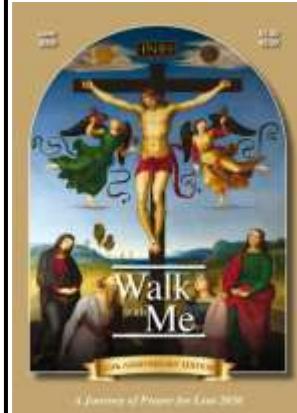
## Primary 1 Admissions – September 2026

Applications for P1 admissions for September 2026 are now open! For full details and to apply, please visit [www.eani.org.uk/parents/admissions](http://www.eani.org.uk/parents/admissions) or contact St Nicholas Primary School directly. Closing date 21<sup>st</sup> January.

We would love to welcome you into our school family. Come and see our school in action — book a visit and experience the warmth of our community, the joy of learning and the opportunities that help every child thrive. Join us and become part of an environment that is inclusive, nurturing and full of high-quality enriching experiences for your child.

There will be a  
**Eucharistic Healing Service**  
 in St Matthew's Church,  
 Short Strand, East Belfast,  
 on Thursday 22nd January at 7pm.

Music with Fionnuala O Neill  
 and Family.  
 Tea and light refreshments  
 to follow.



## Lenten Book 2026

If you would like to  
 order a copy of the  
**“Walk with Me”**  
 Lenten book,  
 please leave your  
 name in the Parish  
 Repository.  
 Price £1.50



### Candlemas Mon 2nd Feb.

If you would like to purchase a candle for Candlemas please contact Anne in the Repository at St. Nicholas' or Gerardine in Our Lady of Lourdes. Candles will be blessed at the weekend Masses on the 1st. Feb.



### Parish Shop

Confirmation Cards & Gifts now available  
Open each Sunday.  
See parish website for more information  
[www.carrickparish.org/shop](http://www.carrickparish.org/shop)

### Sensory-Friendly Mass Invitation

St Colmcille's Parish, Belfast warmly invites you to a Sensory Mass on Saturday, 24th Jan. at 12:00 noon. This special Mass is designed to be inclusive and welcoming for individuals and families who may benefit from a quieter, more relaxed worship environment. The Mass will feature: Gentle lighting and sound; A calm and supportive atmosphere; Space to move around if needed; Sensory items to aid regulation;

A warm welcome for all ages and abilities. Whether you or a loved one experience sensory sensitivities, or you simply wish to attend a peaceful and reflective service, we would love to see you there. Refreshments after Mass in the parish centre.

### Spiritual Exercises: 5 Day Silent Ignatian Retreat for Men

Led Benedictine monks from St. Joseph Abbey, in France. Starts Thurs. 30th April (3pm). Benburb Priory, Co. Tyrone (1.5 hrs from Dublin). €450 (all meals & single room included).

Daily Mass - Ordinary Form (Latin & ad orientem).

Discover the strength that only comes when you stop running and let God speak.

Book at: <https://soutenir.clairval.com/retreat-benburb-priory>

### Pope Leo's prayer intentions for 2026 January:

For prayer with the word of God. Let us pray that praying with the word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

### Flame of Love

Passing on the Flame in Belfast. St Mary's Chapel Lane

2<sup>nd</sup> Feb 2026. 9.30am to 4.00pm. Contact Martin 07707 269589 or Eileen 07793 557703  
[www.flameoflove.ie](http://www.flameoflove.ie)

**RADIO MARIA IRELAND.** As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – do join our growing faith family! Here's how you can listen:

1. Via Digital TV - Saorview Channel 210
2. Download our FREE App "RADIO MARIA IRELAND"
3. Streaming on our WEBSITE - [www.radiomaria.ie](http://www.radiomaria.ie)
3. Via our 'Listen Live Radio' link on our Facebook Page.

### It's easy to see what alcohol is doing to the drinker but can you see what it is doing to you?

These questions can help you identify if someone else's drinking is affecting you. If your answer is yes to any of the following, **Al-Anon Family Groups can help.**

- Do you worry about how much someone else drinks?
- Do you tell lies to cover up for someone else's drinking?
- Are you afraid to upset someone for fear that it will set off a drinking bout?
- Do you feel that if the drinker loves you, he would stop drinking to please you?
- Do you feel like a failure because you can't stop thee drinking?
- Do you make threats such as "If you don't stop drinking, I'll leave you"?
- Do you search for hidden alcohol?
- Do you feel angry, confused or depressed most of the time?

For further information contact the confidential helpline on 0800 0086 811 or email [helpline@al-anonuk.org.uk](mailto:helpline@al-anonuk.org.uk) alternatively contact Belfast at 02890682368.

### This Coming Week 19th Jan - 25th Jan

**Tues**

St. Fabian, Pope

**Wed**

St. Agnes

**Thurs**

St. Vincent

**Sat**

St. Francis de Sales, Bishop

**Sun**

3rd Sunday of the Year

### Readings for Sun 25th Jan

Isaiah 8: 23-9 :3

1 Corinthians 1: 10-13, 17  
Matthew 4: 12-23

### YOUTH CORNER YOUNG ADULT BIBLE STUDY

Wed. 7pm – 9pm At Greencastle Parish Office. Please join the NET Team for a 6-week, young adult (18 – 30) Bible study. This is a time for growing in Faith, building fellowship and having fun. Please RSVP the NET team at 07823368504.

### EUCCHARISTIC ADORATION & PRAISE AND WORSHIP

Thursdays, 7 - 8pm in St James' Whiteabbey.

### YOUTH 2000 PRAYER GROUP

Fridays at 7pm, we are hosting a Youth 2000 prayer group. Please join us at St Mary's Greencastle for adoration, bible study, and praise/worship music!

### Contact details for the 'Stella Maris' Family of Parishes

Parish	Website	Priests	Telephone No.
Carrickfergus	<a href="http://www.carrickparish.org">www.carrickparish.org</a>	Very Rev. Peter Owens, PP	(028) 9336 3269
Glengormley	<a href="http://www.stmarysonthehill.online">www.stmarysonthehill.online</a>	Very Rev. Pat Sheehan PP Very Rev. Canon Aidan Kerr PE PM	(028) 9083 2979 (028) 9083 2488
Loughshore	<a href="http://www.loughshoreparishes.org">www.loughshoreparishes.org</a>	Very Rev. David Delargy PP	(028) 9037 0845