



# Parish of Carrickfergus & Whitehead

Saint Nicholas'

Follow us on-line at  
[www.carrickparish.org](http://www.carrickparish.org)



Our Lady of Lourdes

1st February 2026

4th Sunday of the Year

Cycle A Week 4

Fr. Peter Owens PP

Fr. Andrew Black

Tel: **028 9336 3269**

Parochial House,  
8 Minorca Place,  
Mount St. Nicholas, Carrickfergus,  
Co. Antrim, BT38 8AU

Parish Email:  
[carrickfergus@downandconnor.org](mailto:carrickfergus@downandconnor.org)

Website: [www.carrickparish.org](http://www.carrickparish.org)

### Bulletin Notices

to be submitted to the  
parish Email Address by  
**12 noon Wednesday**

### Requiescant in Pace



### Month Mind

Ciaran Smyth

### Anniversaries

Therese Wady  
Brige Torrans (1st)  
Edie McAuley  
Annie McCormack  
Sarah Smith

*Eternal rest grant unto them,  
O Lord, and let perpetual light shine  
upon them. May they rest in peace.  
Amen*

### St. Patrick's Ceilidh Party

in Carrickfergus Golf Club

7pm

Saturday, 14th March 2026

Tickets cost £6 including supper.

Tickets are now on sale from any  
member of the events team.

### **St Brigid, Abbess, Secondary Patron of Ireland Feast**

#### **Baptisms**

(one month's notice)

Whitehead - 1st Sun of the month

C'fergus - 2nd Sun of the month

#### **Weddings**

(three month's notice)

By arrangement

#### **Funerals**

By arrangement

#### **The Rosary**

is held before Wednesday Masses at  
9.30am in Our Lady of Lourdes and  
6.30pm in Mount Saint Nicholas.

**The Sacrament of Penance is available on  
the first Wed of the month from 6.00pm to  
6.45pm in the Reconciliation Room  
in Mount Saint Nicholas.**

### Weekly Mass Times (\*\* Streamed Masses - see parish website)

Holy Days : As announced.

#### **St. Nicholas' Carrickfergus**

Sun 11.30am \*\*

Wed 7.00pm \*\*

#### **Our Lady of Lourdes Whitehead**

Sun 9.30am

Wed 10.00am

### CARRICKFERGUS AND WHITEHEAD PARISH CELL GROUPS

#### **FROM ENCOUNTER TO MISSION**

The Lord has given me a disciple's tongue (Isaiah 50:4) Carrickfergus and Whitehead Parish Cell Groups are hosting the annual National Parish Cells Seminar in Drumalis Retreat Centre, Larne on Saturday, 28th and Sunday, 29th March 2026. We would greatly appreciate the prayerful support of our fellow parishioners as we prepare for the seminar. The seminar is open to non-cell members and all are welcome. For more information contact: Margaret Webb @ 07779 729 505 or Anne McFerran @ 07809 906 792

#### **PRAYER FOR THE SUCCESS OF THE NATIONAL CELLS SEMINAR 2026**



Lord, we thank You for the opportunity to come together in faith and fellowship at our National Seminar in March. We thank You for the miracle of Your loving presence and Your light which burns in each of us. Bless and protect our endeavours in preparation for the seminar so that all who attend will be strengthened and encouraged in their work as missionaries. Let Your light shine brightly within us as we witness to Your infinite love and invite others to come and see. May we yield an abundant and fruitful harvest in Jesus' name.

Amen. [Website: parishcellsireland.ie](http://parishcellsireland.ie)

### **ST PEREGRINE NOVENA**

will be held on Monday 2<sup>nd</sup> February at 7pm in St Mary's, Greencastle. The Sacrament of Anointing of the sick will be given to all the sick who wish to receive it.

### **Teas in Whitehead**

Light refreshments will be available in the Pastoral Centre after 09.30 Mass **today**, 1st February. Everyone is welcome.

**The second collection today is for Monthly Stipend.**



### Candlemas Mon 2nd Feb.

If you would like to purchase a candle for Candlemas please see Anne in the Parish Shop at St. Nicholas' or Gerardine in Our Lady of Lourdes.

Candles will be blessed at the **Weekend Masses today.**



### Parish Shop

Cards & Gifts for all occasions.

Open each Sunday.  
See parish website for more information

[www.carrickparish.org/shop](http://www.carrickparish.org/shop)



**Liturgy Group Meeting** The next Liturgy Group meeting will take place on Monday 2nd February at 7.00 p.m. in the meeting room at the back of St. Nicholas' Church.

**Liturgical Calendar Meeting** A meeting to discuss the Liturgical Calendar will take place on Monday 2nd February at 8.15 p.m. in the meeting room at the back of St. Nicholas' Church. All those who co-ordinate ministries in the Parish are invited to attend. The meeting will be particularly useful for leaders of the following ministries - Eucharist, Word, Music, Sacristans and Sacramental preparation.

**Anam Cara**, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on Monday 9th February at 7.30pm in the Crowne Plaza, Shaws Bridge, Belfast. This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance. We also offer an online support group meeting. To find out more call 02895213120 or email [info@anamcara.ie](mailto:info@anamcara.ie)

**Divine Mercy Conference 2026 St Pauls** Sat. 28<sup>th</sup> Feb. 2026. Bus will leave St Paul's Church, Falls Road at 7.30pm Returning approx. 10.45/11.00pm. Travel cost is £25 (bus price only) when booking your seat. Travel confirmation, 1 week before departure. No refunds. Conference tickets to be bought at the venue £35 or Euros. Bring enough food for lunch and dinner – there are tea and coffee stations where hot drinks and snacks can be purchased. Telephone Tina McCrory – 07523824350 to book a seat on the bus.

**Recharge Forty** is a Lenten challenge for young men and women who desire more - more depth in prayer, more discipline in daily life, and stronger bonds of friendship. Throughout Lent, we will walk together in community, confronting vice, and intentionally cultivating virtue. Recharge Forty invites you to renew your relationship with God while supporting one another through encouragement and accountability. This Lent, don't journey alone-grow together in faith, character and friendship. Find details and sign up at: <https://forms.gle/ghMbVj9rzS6FAiCY7>

**YOUTH MASSES** will be celebrated next weekend on Saturday 7<sup>th</sup> & Sunday 8<sup>th</sup> February at all Masses in the Loughshore Parishes.

The dates for Youth Masses for the remainder of the academic year are below:  
7<sup>th</sup> & 8<sup>th</sup> March; 2<sup>nd</sup> & 3<sup>rd</sup> May; 13<sup>th</sup> & 14<sup>th</sup> June

### Celebrating 70 years of Faith

St Agnes' Parish Novena to Our Lady of Lourdes 2026 begins 10am Tues 3rd Feb The Call of the Good Shepherd

*"I know my own and my own know me" (John 10:14)*

Speakers: Jim Deeds, Bridget McNicholl, Paula & Joseph McKeown Sun. 9.30am & 12.30pm Mon. to Fri. 10am & 7pm Sat. 1pm & 6.30pm (Vigil)

### This Coming Week 2nd Feb - 8th Feb

#### Mon

Presentation of the Lord



#### Tues

St. Blaise

#### Thurs

St. Agatha

#### Sat

St. Mel

#### Sun

5th Sunday of the Year

#### Readings for

Sun 8th Feb

Isaiah 58: 7-10

1 Corinthians 2: 1-5

Matthew 5: 13-16

### Contact details for the 'Stella Maris' Family of Parishes

Parish	Website	Priests	Telephone No.
Carrickfergus	<a href="http://www.carrickparish.org">www.carrickparish.org</a>	Very Rev. Peter Owens, PP Rev Andrew Black	(028) 9336 3269 (028) 9336 3269
Glengormley	<a href="http://www.stmarysonthehill.online">www.stmarysonthehill.online</a>	Very Rev. Pat Sheehan PP Very Rev. Canon Aidan Kerr PE PM	(028) 9083 2979 (028) 9083 2488
Loughshore	<a href="http://www.loughshoreparishes.org">www.loughshoreparishes.org</a>	Very Rev. David Delargy PP	(028) 9037 0845