



Saint Nicholas'

# Parish of Carrickfergus & Whitehead

Follow us on-line at  
[www.carrickparish.org](http://www.carrickparish.org)



Our Lady of Lourdes

8th February 2026

5th Sunday of the Year

Cycle A Week 1

Fr. Peter Owens PP

Fr. Andrew Black

Tel: **028 9336 3269**

Parochial House,  
8 Minorca Place,

Mount St. Nicholas, Carrickfergus,  
Co. Antrim, BT38 8AU

Parish Email:

[carrickfergus@downandconnor.org](mailto:carrickfergus@downandconnor.org)

Website: [www.carrickparish.org](http://www.carrickparish.org)

## Bulletin Notices

to be submitted to the  
parish Email Address by  
**12 noon Wednesday**

## Requiescant in Pace



## Anniversaries

Brian O'Neill

Mary Degnan

Sean Moran

Lilla Waterman

Maria Sole

Eileen Daly

John Morrison

Annie Morrison

Ursula Burns

Rose Maginn

Joan McNeice (1<sup>st</sup>)

*Eternal rest grant unto them,  
O Lord, and let perpetual light shine  
upon them. May they rest in peace.  
Amen*

## St. Patrick's Ceilidh Party

in Carrickfergus Golf Club  
7pm

Saturday, 14th March 2026

Tickets cost £6 including supper.

Tickets are now on sale from any  
member of the events team.

### Baptisms

(one month's notice)

Whitehead - 1st Sun of the month

C'fergus - 2nd Sun of the month

### Weddings

(three month's notice)

By arrangement

### Funerals

By arrangement

### The Rosary is held

before Wednesday Masses at

9.30am in Our Lady of Lourdes and

6.30pm in Mount Saint Nicholas.

**The Sacrament of Penance** is available on  
the first Wed of the month from 6.00pm to  
6.45pm in the Reconciliation Room  
in Mount Saint Nicholas.

**Eucharistic Adoration** is available every Saturday between 11.00 and 12.00 noon  
in Mount St. Nicholas' (please enter via the back door of the church).

### Mass Times this week from Sun 8th Feb

(\*\* Streamed Masses - see parish website for link)

Holy Days : As announced.

#### St. Nicholas' Carrickfergus

#### Our Lady of Lourdes Whitehead

Sun 11.30am \*\*

Sun 9.30am

Tues 10.00am

Wed 7.00pm \*\*

Wed 10.00am

Thurs 8.00am

Fri 8.00am

### 2nd Tuesday Mass (see above for this coming week)

Please note early morning masses at 8am this coming Thursday & Friday.

### Do This in Memory Programme

The next Do This in Memory Mass will be Sunday February 15th.

All First Communicants and their families are warmly invited to attend as we  
prepare for First Communion on May 16th.

Refreshments will be served after Mass.

### World Day of Prayer Service on Friday 6th March at 8.00 p.m.

It is the turn of Our Lady of Lourdes Church to host the annual World Day of Prayer  
service this year for our area, as part of our place in the circuit of churches covering  
Whitehead, Islandmagee and Ballycarry. The service for this year has been prepared by  
the Christian women in Nigeria, with the theme "I will give you rest, come". We will be  
part of a great wave of prayer, which will begin on the International Date Line in Samoa.  
As the earth rotates, the wave of prayer builds, sweeping across the Pacific to Asia,  
Africa, the Middle East and then the shores of Europe. From there, it goes across the  
Atlantic to the Caribbean, the Americas and back to the Pacific, where the final service  
will take place, in American Samoa, thus completing a worldwide circle of prayer. Do  
please come along and join us that evening, if you are available.

### Discernment Retreat for Diocesan Priesthood

*They left everything at once and followed him.*

6<sup>th</sup> – 8<sup>th</sup> March 2026 Drumalis Retreat House, Larne

For further details, contact Fr Conor McGrath [c.mcgrath@downandconnor.org](mailto:c.mcgrath@downandconnor.org)

Free, Confidential & Independent Advice Support  
available Wednesdays 10am-12noon



**Carrickfergus Foodbank**  
Together with Trussard

**COMMUNITY ADVICE**  
Mid & East Antrim

### Foodbank donation for the 2025.

**Total for year 504.2 kgs**

We really appreciate the continued support from Mount St

Nicholas Parish and want to say a huge thank you 😊

### A typical food parcel includes:

Breakfast cereals, Soup, Pasta, Rice, Pasta sauce, Tinned Beans,  
Tinned meat, Tinned vegetables, Tinned fruit, Tea or coffee,  
Sugar, Biscuits, Snacks.



## Blessed Candles from Candlemas available from the Parish Shop

Cards & Gifts for all occasions.

Open each Sunday.

See parish website for more  
information

[www.carrickparish.org/shop](http://www.carrickparish.org/shop)



**Accord (NI) and Couples for Christ (NI/Ireland)** are having a St. Valentine's Thanksgiving Eucharistic Celebration with the Blessing of Rings for Engaged Couples and the Renewal of Marriage Vows for Milestone Celebrants.

This will take place on Saturday 14th February 2026 in St. Colmcille's Church, Upper Newtownards Belfast BT14 3JB, at 2pm, followed by a meal in Stormont Hotel.

### Pope Leo's prayer intentions for 2026

**February:** For children with incurable diseases. Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### Parish Cell Group Meetings

There will be a Cell meeting at 7.30 and 8.00pm on Tuesday, 10th Feb. For more information, please contact Margaret Webb:

07779729505 or Anne McFerran: 07809906792

There will be a meeting at 11.00 am on Wed, 11th Feb.

Contact Matt Monaghan: 07428247820 or Jim Mullan:

07841428436. "Come and see." ([www.parishcellsireland.ie](http://www.parishcellsireland.ie))

### Whitehead Cells

will start on Tuesday

10th Feb. at 11am

at 4 Marine Parade.

New members welcome.

Tel Ruth 07876420867

### ***This Coming Week 9th Feb - 15th Feb***

### Wed

Our Lady of Lourdes



### Sat

St. Cyril

### Sun

6th Sunday of the Year

### Down & Connor Pilgrimage to Lourdes 2026: 8<sup>th</sup>/9<sup>th</sup> – 14<sup>th</sup>/15<sup>th</sup> July.

5 & 7 Night options available. Please visit [www.downandconnor.org/lourdes](http://www.downandconnor.org/lourdes) for more information or call the Pilgrimage Office on (028) 9077 0162

### CARRICKFERGUS AND WHITEHEAD PARISH CELL GROUPS

### FROM ENCOUNTER TO MISSION

The Lord has given me a disciple's tongue (Isaiah 50:4)

Carrickfergus and Whitehead Parish Cell Groups are hosting the annual National Parish Cells Seminar in Drumalis Retreat Centre, Larne on Saturday, 28th and Sunday, 29th March 2026. We would greatly appreciate the prayerful support of our fellow parishioners as we prepare for the seminar. The seminar is open to non-cell members and all are welcome. For more information contact: Margaret Webb @ 07779 729 505 or Anne McFerran @ 07809 906 792

### PRAYER FOR THE SUCCESS OF THE NATIONAL CELLS SEMINAR 2026

Lord, we thank You for the opportunity to come together in faith and fellowship at our National Seminar in March. We thank You for the miracle of Your loving presence and Your light which burns in each of us. Bless and protect our endeavours in preparation for the seminar so that all who attend will be strengthened and encouraged in their work as missionaries. Let Your light shine brightly within us as we witness to Your infinite love and invite others to come and see. May we yield an abundant and fruitful harvest in Jesus' name. Amen.

**Website: [parishcellsireland.ie](http://parishcellsireland.ie)**

### Contact details for the 'Stella Maris' Family of Parishes

Parish	Website	Priests	Telephone No.
Carrickfergus	<a href="http://www.carrickparish.org">www.carrickparish.org</a>	Very Rev. Peter Owens, PP Rev Andrew Black	(028) 9336 3269 (028) 9336 3269
Glengormley	<a href="http://www.stmarysonthehill.online">www.stmarysonthehill.online</a>	Very Rev. Pat Sheehan PP Very Rev. Canon Aidan Kerr PE PM	(028) 9083 2979 (028) 9083 2488
Loughshore	<a href="http://www.loughshoreparishes.org">www.loughshoreparishes.org</a>	Very Rev. David Delargy PP	(028) 9037 0845