



Saint Nicholas'

Parish of Carrickfergus & Whitehead

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Our Lady of Lourdes

25th January 2026

3rd Sunday of the Year

Cycle A Week 3

Fr. Peter Owens PP
 Parochial House,
 8 Minorca Place,
 Mount St. Nicholas, Carrickfergus,
 Co. Antrim, BT38 8AU
 Tel: **028 9336 3269**
 Parish Email:
carrickfergus@downandconnor.org
 Website: www.carrickparish.org

Baptisms
 (one month's notice)
 Whitehead - 1st Sun of the month
 C'fergus - 2nd Sun of the month
Weddings
 (three month's notice)
 By arrangement
Funerals
 By arrangement

The **Rosary** is held
 before Wednesday Masses at
 9.30am in Our Lady of Lourdes and
 6.30pm in Mount Saint Nicholas.

The **Sacrament of Penance** is available on
 the first Wed of the month from 6.00pm to
 6.45pm in the Reconciliation Room
 in Mount Saint Nicholas.

Bulletin Notices
 to be submitted to the
 parish Email Address by
12 noon Wednesday

Requiescant in Pace



Anniversaries

Shelia Mulholland
 Maureen Edwards
 James Morgan
 Matilda McMullan
 Annie O'Donnell
 May McGivern
 Hugh O'Hara
 Winifred & Thomas McKeown

*Eternal rest grant unto them,
 O Lord, and let perpetual light shine
 upon them. May they rest in peace.
 Amen*

Weekly Mass Times (** Streamed Masses - see parish website)
 Holy Days : As announced.

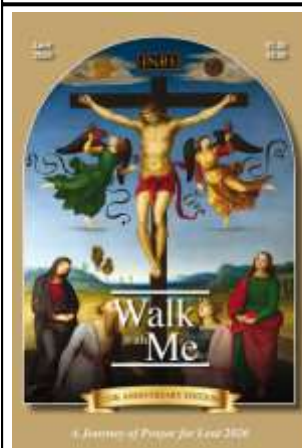
St. Nicholas' Carrickfergus	Our Lady of Lourdes Whitehead
Sun 11.30am **	Sun 9.30am
Wed 7.00pm **	Wed 10.00am

Teas in Whitehead
 Light refreshments will be
 available in the Pastoral
 Centre after 09.30
 Mass next Sunday, 1st
 February. Everyone is
 welcome.

Medjugorje Pilgrimage
 29th July-5th August 2026
 - an opportunity to
 experience the Peace of
 Medjugorje and the
 absolute Joy of our faith
 with the Mladifest Youth
 Festival. 7 nights £755 pps
 (£705 with January
 discount). Contact Éadaoin
 for details 07706288095.

CARRICKFERGUS AND WHITEHEAD PARISH CELL GROUPS FROM ENCOUNTER TO MISSION

The Lord has given me a
 disciple's tongue (Isaiah 50:4)
 Carrickfergus and Whitehead
 Parish Cell Groups are
 hosting the annual National
 Parish Cells Seminar in
 Drumalis Retreat Centre,
 Larne on Saturday, 28th and
 Sunday, 29th March 2026. The theme of the seminar
 is From Encounter to Mission. We would greatly
 appreciate the prayerful support of our fellow
 parishioners as we prepare for the seminar. The
 seminar is open to non-cell members and all are
 welcome.



Lenten Book 2026

If you would like
 to order a copy of
 the "**Walk with
 Me**" Lenten
 book,
 please leave your
 name in the
 Parish Shop.
 Price £1.50

PRAYER FOR THE SUCCESS OF THE NATIONAL CELLS SEMINAR 2026

Lord, we thank You for the opportunity to come together in faith and
 fellowship at our National Seminar in March. We thank You for the miracle
 of Your loving presence and Your light which burns in each of us. Bless and
 protect our endeavours in preparation for the seminar so that all who attend
 will be strengthened and encouraged in their work as missionaries. Let Your
 light shine brightly within us as we witness to Your infinite love and invite
 others to come and see. May we yield an abundant and fruitful harvest in
 Jesus' name. Amen. **Website: www.parishcellsireland.ie**

Confirmation will take place on Thursday 29th January.



Candlemas Mon 2nd Feb.

If you would like to purchase a candle for Candlemas please see Anne in the Parish Shop at St. Nicholas' or Gerardine in Our Lady of Lourdes.

Candles will be blessed at the weekend Masses next Sunday.



Parish Shop

Confirmation Cards & Gifts now available

Open each Sunday.
See parish website for more information



Flame of Love

Passing on the Flame in Belfast. St Mary's Chapel Lane 2nd Feb 2026. 9.30am to 4.00pm. Contact Martin 07707 269589 or Eileen 07793 557703

www.flameoflove.ie

www.carrickparish.org/shop

PARISH CELL GROUP MEETINGS

There will be a Cell meeting at 7.30 and 8.00pm on Tuesday, 27th Jan. For more information, please contact Margaret Webb: 07779729505 or Anne McFerran: 07809906792

There will be a meeting at 11.00 am on Wed, 28th Jan.
Contact Matt Monaghan: 07428247820 or Jim Mullan: 07841428436.
"Come and see." (www.parishcellsireland.ie)

Pope Leo's prayer intentions for 2026 January:

For prayer with the word of God. Let us pray that praying with the word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Whitehead Cells will start on Tuesday 27th January 2026 at 11am at 4 Marine Parade. New members welcome. Tel Ruth 07876420867

Gluten Free Hosts

There are gluten free hosts available for anyone who may require one. If you need a gluten free host, please ask the Sacristan before Mass to organise one for you.

St Brigid's Day Lecture 2026

As part of the celebration to mark the 1700th anniversary of the Council of Nicaea, Pope Leo XVI gave an important address, at an Ecumenical Prayer Service, at the ancient site of the town of Nicaea, in Turkey. The Pope stated, "Faith in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages... consubstantial with the Father (Nicene Creed) is a profound bond already uniting all Christians. In this sense, to quote Saint Augustine in the ecumenical context, we can also say that, "although we Christians are many, in the one Christ we are one" (Exposition on Psalm 127).

This year, The St Brigid's Day Lecture will be given by Fr Tom Layden, S.J. Fr Layden is a Jesuit priest, living and working in Belfast. The theme of his lecture, "The Nicene Creed: A foundation for Ecumenism", is based on Pope Leo XVI's address at Nicaea. The Lecture will be in St Brigid's Parish Centre, Derryvolgie Avenue, Belfast BT9 6FP, on Sunday 8th February, at 4.00pm.
All welcome.

This Coming Week 26th Jan - 1st Feb

Mon

St Timothy, St Titus

Wed

St. Thomas Aquinas

Fri

St. Aidan

Sat

St. John Bosco

Sun

4th Sunday of the Year

YOUTH CORNER YOUNG ADULT BIBLE STUDY Wed. 7pm – 9pm At Greencastle Parish Office. Please join the NET Team for a 6-week, young adult (18 – 30) Bible study. This is a time for growing in Faith, building fellowship and having fun. Please RSVP the NET team at 07823368504.

EUCCHARISTIC ADORATION & PRAISE AND WORSHIP

Thursdays, 7 - 8pm in St James' Whiteabbey.

YOUTH 2000 PRAYER GROUP

Fridays at 7pm, we are hosting a Youth 2000 prayer group. Please join us at St Mary's Greencastle for adoration, bible study, and praise/worship music!

Readings for **Sun 1st Feb**

Zephaniah 2:3; 3:12-13
1 Corinthians 1: 26-31
Matthew 5: 1-12

Contact details for the 'Stella Maris' Family of Parishes

Parish	Website	Priests	Telephone No.
Carrickfergus	www.carrickparish.org	Very Rev. Peter Owens, PP	(028) 9336 3269
Glengormley	www.stmarysonthehill.online	Very Rev. Pat Sheehan PP Very Rev. Canon Aidan Kerr PE PM	(028) 9083 2979 (028) 9083 2488
Loughshore	www.loughshoreparishes.org	Very Rev. David Delargy PP	(028) 9037 0845