



Parish of Carrickfergus & Whitehead



Follow us on-line at www.carrickparish.org

Saint Nicholas'

Our Lady of Lourdes

22nd March 2026 5th Sunday of Lent Cycle A Week 1

Fr. Peter Owens PP
Fr. Andrew Black
Tel: **028 9336 3269**

Parochial House,
8 Minorca Place,
Mount St. Nicholas, Carrickfergus,
Co. Antrim, BT38 8AU
Parish Email:
carrickfergus@downandconnor.org
Website: www.carrickparish.org

Baptisms
(one month's notice)
Whitehead - 1st Sun of the month
C'fergus - 2nd Sun of the month
Weddings
(three month's notice)
By arrangement
Funerals
By arrangement

The Rosary is held
before Wednesday Masses at
9.30am in Our Lady of Lourdes and
6.30pm in Mount Saint Nicholas.


The Sacrament of Penance is available on
the first Wed of the month from 6.00pm to
6.45pm in the Reconciliation Room
in Mount Saint Nicholas.

Confessions
are available on Sunday mornings
from 11.00am to 11.20am
in St. Nicholas' Carrickfergus.

Eucharistic Adoration is available every
Saturday between 11.00 and 12.00 noon in
Mount St. Nicholas' (please enter via the
back door of the church).

Bulletin Notices
to be submitted to the
parish Email Address by
12 noon Wednesday

Mass Times for week starting Sunday 22nd March
(* Streamed Masses - see parish website for link)
Holy Days : As announced.

Requiescant in Pace


Anniversaries
Terry Humphrey
Raymond Devine (1st)
Martha Theresa McCusker
Christopher McCusker
Margaret Mullan (25th)
James (Jim) McLaughlin
Ian Slaughter
Anna Slaughter
Selina Lydon

*Eternal rest grant unto them,
O Lord, and let perpetual light shine
upon them. May they rest in peace.
Amen*

St. Nicholas' Carrickfergus	Our Lady of Lourdes Whitehead
Sun 11.30am **	Sun 9.30am
Mon 8.00am	
Tues 8.00am	
Wed 7.00pm **	Wed 10.00am
Thurs 8.00am	
Fri 8.00am	


LENTEN PENITENTIAL SERVICE
This coming Wednesday 25th March,
Confessions will be available from 6pm and will continue
during and after Mass, another priest will be available.
There will be a period of Exposition after Mass,
continuing until 8pm with Solemn Benediction.
Please feel free to avail of the opportunity to come to Confession
and make your Easter Duty.

Parish Lenten Talks
Due to unforeseen
circumstances, we have to
postpone the Lenten Talk
planned for
Wednesday 25th March.
The Liturgy Group/Panel of
Catechists

Do This in Memory Mass
Our next Do This in Memory Mass is next Sunday, March 29th. All those children
preparing for First Communion on May 16 are invited to attend with their
families. Light refreshments will be available for everyone after Mass.

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Easter Flowers for Carrickfergus and Whitehead
If you would like to donate towards the Easter flowers in
St. Nicholas' or Our Lady of Lourdes churches,
please see Anne Quinn in Carrickfergus
or Pamela Maginn in Whitehead.
Thank you.



Easter Services

Holy Thursday Mass - St. Nicholas' 7pm
(followed by Adoration until 10pm)

The Passion - Good Friday Our Lady of Lourdes 3pm

Stations of the Cross - Good Friday St. Nicholas' 7pm

Easter Vigil Mass - Saturday St. Nicholas' 9pm



Cards & Gifts for Easter

available from the Church Shop.
Open each Sunday.
See parish website for more information



www.carrickparish.org/shop

Trocaire Boxes/Envelopes Please return your box/envelope on Holy Thursday, or as soon as possible. Thank you.

Ceilidh. Many thanks to all who supported us by attending the ceilidh, making financial donations and donating prizes for the ballot. Thanks also to Janice of the Weaver's Cafe, Ballycarry, for providing the supper, The McStocker Ceilidh Band for the music and Carrickfergus Golf Club for hosting the event.

Good Friday Falls/Shankill Annual Inter-Church Prayer Walk - will take place on Good Friday 3rd April, beginning at 4.45pm in front of Clonard Church, stopping midway at Shankill Methodist for a brief prayer, and returning to Clonard by 6pm. At this precarious time in our world, we commit ourselves once again - in the footsteps of Jesus - to His ministry of reconciliation and peace.
All are welcome.

FEAST OF DIVINE MERCY

Sunday, 12th April 2026 St. Peter's Cathedral, Belfast (2:30pm);
and Sacred Heart Church, North Belfast (2:15pm) (Rosary, Divine Mercy Chaplet, & Holy Mass)

Induction Loop System

This is a reminder for parishioners that both churches in the Parish have an Induction Loop System.
Any parishioner with a hearing aid should tune it into the system by using the 'T' switch on their hearing aid, if it has one.

PARISH CELL GROUP MEETINGS

There will be a Cell meeting at 7.30 and 8.00pm on Tuesday, 24th Mar. For more information, please contact Margaret Webb: 07779729505 or Anne McFerran: 07809906792

There will be a meeting at 11.00 am on Wed, 25th Mar.

Contact Matt Monaghan: 07428247820 or Jim Mullan: 07841428436.

"Come and see." (www.parishcellsireland.ie)

Whitehead Cells will start on Tuesday 24th Mar. at 11am at 4 Marine Parade. New members welcome. Tel Ruth 07876420867

CARRICKFERGUS AND WHITEHEAD PARISH CELL GROUPS

FROM ENCOUNTER TO MISSION

The Lord has given me a disciple's tongue (Isaiah 50:4) Carrickfergus and Whitehead Parish Cell Groups are hosting the annual National Parish Cells Seminar in Drumalis Retreat Centre, Larne on Saturday, 28th and Sunday, 29th March 2026. We would greatly appreciate the prayerful support of our fellow parishioners as we prepare for the seminar. The seminar is open to non-cell members and all are welcome. For more information contact: Margaret Webb @ 07779 729 505 or Anne McFerran @ 07809 906 792 [Website: parishcellsireland.ie](http://www.parishcellsireland.ie)

NEW ENVELOPE BOXES

Envelope Boxes can be collected after Mass this Sunday.

If you require a new box, please speak with Patrick Quinn after Mass today.

Always the Same and Always New: Holy Week Through Poets' Eyes Belfast Jesuit Centre | Monday 30 March 2026 | 7:00-9:00 pm

Join us for a reflective exploration of Holy Week through selected poems that engage with its central themes. Drawing on the first line of the Elizabeth Jennings' poem **Crucifixion**, "*Always the same and always new*," will consider how poetry can illuminate the spiritual significance of Holy Week. Participants will be invited into guided reflection and thoughtful conversation. Everyone welcome. Small donation suggested. To register, visit: <https://belfastjesuitcentre.co.uk/always-the-same-and-always-new-holy-week-through-poets-eyes/>

This Coming Week 23rd Mar - 29th Mar

Tues

St. Macartan

Wed

The Annunciation of the Lord

Sun

Palm Sunday

Readings for Sun 29th Mar

Isaiah 50: 4-7

Philippians 2: 6-11

Matthew 26: 14-27: 66

Contact details for the 'Stella Maris' Family of Parishes

Parish	Website	Priests	Telephone No.
Carrickfergus	www.carrickparish.org	Very Rev. Peter Owens, PP Rev Andrew Black	(028) 9336 3269 (028) 9336 3269
Glengormley	www.stmarysonthehill.online	Very Rev. Pat Sheehan PP Very Rev. Canon Aidan Kerr PE PM	(028) 9083 2979 (028) 9083 2488
Loughshore	www.loughshoreparishes.org	Very Rev. David Delargy PP	(028) 9037 0845